**Instructional League Rules for 2019**

The league is a learning based league w/ emphasis on playing and learning good basic fundamentals and sportsmanship.

The league will consist of machine pitch~~.~~

**Equipment**

All players will wear a cup during games and practice.

Cleats are optional but strongly recommended

Bats must have the 1.15bpf sticker and stamped approved for Little League play

* A barrel of no more than 2 1/4 inch diameter
* No Composite or wood bats allowed.

**Games**

All games will be 5 innings or 1 1/2 hrs. whichever is shorter. No new inning shall start after the 1:15 mark.

10 players max on field (4 in the outfield), but the entire lineup will bat.

Offense is allowed 2 coaches in the field (1st and 3rd base coach). Defense is allowed 2 coaches in the outfield/edge of infield grass to help with direction of play.

1 coach/assist/volunteer behind the plate to handle passed balls

A ½ inning will end when either 3 outs are recorded or when 5 runs are scored, whichever comes first.

No player sits 2 innings in a row.

No leading or stealing

No infield fly rule

Runners may advance **1** base, at their own risk, on balls overthrown to a base. Use discretion. The goal is to teach the importance of making good throws and catching the ball.

Runners may advance as many bases as they can get on balls hit through the infield. Runners should stop advancing once the ball is returned to the infield. Again, use discretion.

No extra bases on balls thrown to infield and rolling loose

5 Run Max per inning

All other Little League rules apply

**Machine Pitch Games**

The full season will be machine pitch with speeds of approximately 30-40 mph

Each batter will get 5 hittable pitches. If batter is fouling off last pitch keep going until he misses or puts in play. If batter doesn’t put ball into play then the batter will be pitched to by a coach. If the batter does not put the ball in play after 3 good pitches they are out. -

A coach from each team will work the machine.

**Safety**

All players will remain in dugout during games if not playing in field. No sitting on back walls of dugout.

No player shall have a bat in hand unless they are going up to bat. There is NO on deck batter

All batters and base runners must wear a helmet at all times.

All kids should start games/practice by warming up their arm with exercises and short distance throwing